



## Institute for Population Health (IPH)

[www.ipophealth.org](http://www.ipophealth.org)

Office Hours: Monday – Friday

9:00am to 5:00pm

Services are scheduled to accommodate  
you!



"They are on the cutting edge of maternal and early child work. Their program is extremely flexible and helps address a range of outcomes. It [the curriculum] takes the research and packages it in an extremely accessible way."

- DEBORAH PERRY, Georgetown University's  
Center for Child and Human Development

### Contact us if...

- Your baby had their 1st birthday?
- You have any questions about your baby's physical, motor skills, and social emotional development?
- You could use some help in supporting your family?
- You want to learn different activities to prepare your child for pre-school?
- You want to learn some tips to having a strong family?
- You want help growing your child's language?

To get the many benefits of the  
Partners for a Healthy Baby program

please call:

313-309-9350 ext. 1316



In partnership with

Partners for a Healthy Baby  
Home Visiting Curriculum

THE FLORIDA STATE UNIVERSITY  
Center for Prevention & Early Intervention Policy



**Program Contact Information:**  
**Institute for Population Health**  
**1400 Woodbridge Detroit, MI 48207**  
**313-309-9350 ext. 1316**



## Who we are...

Partners for a Healthy Baby is a nationally recognized, research-based curriculum used by many home visiting models to:

- Improve birth outcomes
- Respond to family needs
- Reduce rates of child abuse
- Increase intervals between pregnancies
- Strengthen families
- Enhance child health and developmental outcomes
- Support family stability and economic self-sufficiency

## How it works!

The curriculum is broken up into 4 phases:

### 1. Family Development

During the **monthly home visits**, community health workers discuss things like family empowerment, relationship & support, fatherhood, and career development and finances. We support our participants with tools to help your partner love your baby, bonding with your baby, developing a financial plan, ways to be a supportive partner to the father of child, family time, strong families, and much more...

### 2. Caring for Toddler

The Partners for a Healthy Baby **monthly home visits** with the community health workers and family, include discussing things like bottle feeding, breastfeeding, nutrition, sleeping, daily care routines, health care, and common concerns. We use tools discussing the importance of children thrive on routines, handling your baby with tender loving care, guiding your one-year-old's behavior, what to look for in child care and more...

### 3. Family Health

The **monthly home visits** create an opportunity to discuss things like diet & exercise, family planning, depression, alcohol, drugs & tobacco, emotional changes, and healthy care. We help families locate the right medical home for you, getting enough sleep, healthy things to do for you and your baby, 10 ways to relieve stress, making good decisions, discovering emotional health, eating fast food & staying healthy and much more...

### 4. Infant or Toddler Development

During the **monthly home visits** the community health workers discusses things like developmental skills, emerging language & literacy, infant mental health, guidance, and play & learning. We cover topics like how to help your toddler learn, toddlers love picture books, ways to discipline your developing child, helping your child get their emotions under control, building brains with active play, help your toddler feel successful, using the potty and much more...



## The love we provide...

- Community health workers **visit families once a month until all babies have reached 2 years old.**
- The community health workers become a supporting, loving figure in the home, and an accessible maternal child health expert.
- The community health workers can choose from more than a thousand supporting evidence-based handouts. Each handout covers different topics that stress the importance of prenatal and early childhood development .